THE NEW Saint Joseph CHILDREN'S MISSAL





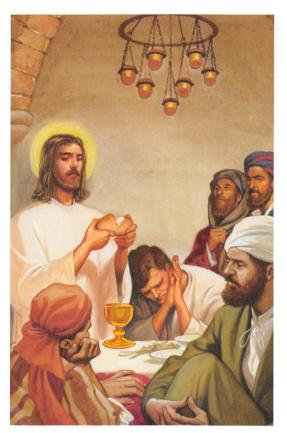
THE RISEN CHRIST

We proclaim your Death,
O Lord,
and profess your Resurrection
until you come again.

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At the Last Supper, Jesus changed bread and wine into his Body and Blood. This was the first Holy Mass. Then Jesus said to his apostles, "Do this in memory of me."

New... Saint Joseph

CHILDREN'S MISSAL

An Easy Way of Participating at Mass for Boys and Girls

With Official Text of People's Parts of the Holy Mass Printed in Bold Type

In Accord with the Third Typical Edition of the Roman Missal



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Dear Boys and Girls:

THIS is your own Missal. Take it with you when you go to Mass. It will help you to please God, to adore and thank him, to praise and love him

On almost every page of the Mass section of this book, you will find a picture and a prayer. The picture will show you what the Priest is doing and the prayer will help you to pray with the Priest and people. The words in heavy black type are said aloud by everyone.

At one of the important parts of the Mass every Sunday, the Priest reads a Gospel that will teach you something that Jesus said and did. The section on "The Life of Christ in Pictures" will help you to know our Lord's life better and to take a more active part at every Mass.

HOLY MASS

ON THE CROSS Christ offered his Body and Blood to God the Father for us. In the Mass this great act is repeated.

Mass begins with the *Introductory Rites* (page 11). We speak to God in acts of contrition, praise, and petition.

Then follows the *Liturgy of the Word* (page 21). We listen to what God says to us in the Readings, the Gospel, and the Homily.

The *Liturgy of the Eucharist* (page 30), has three parts.

- (1) With the Priest we present the gifts of the bread and wine (*Preparation of the Gifts*, page 30).
- (2) At the consecration this bread and wine are changed into the Body and Blood of Christ (*Eucharistic Prayer*, page 35).
- (3) In Holy Communion we receive Christ who has given himself in love (Communion Rite, page 51).

Mass ends with the Blessing and the Dismissal (*Concluding Rites*, page 61).

We sing hymns to praise God and to show our joy at Mass.



OBJECTS FOR MASS

The Altar is a kind of table where the gifts of the sacrifice and the food of the banquet are prepared.

The Crucifix shows the sacrifice of Jesus that is re-presented at Mass.

The Chalice is a cup that contains the wine that will be changed into the Blood of Jesus and become our drink at this sacred meal.

The Host is bread that will be changed into the Body of Jesus and become our food at this sacred meal.

The Roman Missal is a large book from which the Priest reads the prayers.

The Lectionary is a large book on a stand or Lectern, from which the Word of God is read to the people.

Candles are a symbol of our love for God.



ENTRANCE PROCESSION — Mass begins with an Entrance Chant during which the Priest and his ministers come to the altar.



THE ORDER OF MASS

THE INTRODUCTORY RITES

STAND

All make the Sign of the Cross:

PRIEST: In the name of the Father, and of the Son, and of the Holy Spirit.

PEOPLE: Amen.

THE GREETING

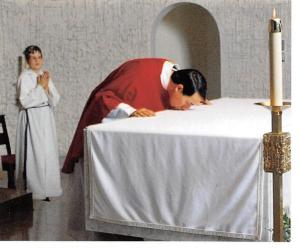
One of the following forms is used: (Shown by A, B, or C)

A

PRIEST: The grace of our Lord Jesus Christ,

and the love of God, and the communion of the Holy Spirit be with you all.

PEOPLE: And with your spirit.



KISSING THE ALTAR — After the entrance procession, the Priest shows reverence for the altar, symbol of Christ, with a kiss. Then he says the Greeting.

B OR

PRIEST: Grace to you and peace from God our Father and the Lord Jesus Christ.

PEOPLE: And with your spirit.

C OR

PRIEST: The Lord be with you.

PEOPLE: And with your spirit.

THE PENITENTIAL ACT

The people are invited to be sorry for their sins.

PRIEST: Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

Then one of the following forms is used.



I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

And, striking their breast, they say:

through my fault, through my fault, through my most grievous fault;

Then they continue:

therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

B or

PRIEST: Have mercy on us, O Lord.

PEOPLE: For we have sinned against you.

PRIEST: Show us, O Lord, your mercy.

PEOPLE: And grant us your salvation.

C or

PRIEST or other minister:

You were sent to heal the contrite of heart: Lord, have mercy.

PEOPLE: Lord, have mercy.

PRIEST or other minister:

You came to call sinners:

Christ, have mercy.

PEOPLE: Christ, have mercy.

PRIEST or other minister:

You are seated at the right hand of the Father to intercede for us:

Lord, have mercy.

PEOPLE: Lord, have mercy.

(Other invocations may be used.)

At the end of any of the forms of the Penitential Act is said:

PRIEST: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

PEOPLE: Amen.

THE KYRIE

Unless it is included in the Penitential Act, the Kyrie is sung or said by the people with the choir or cantor.

- V. Lord, have mercy.
- R. Lord, have mercy.
- V. Christ, have mercy.
- R. Christ, have mercy.
- V. Lord, have mercy.
- R. Lord, have mercy.



THE GLORIA — We praise God by recalling the words sung by the Angels when Jesus was born.

THE GLORIA

When the Gloria is sung or said the Priest or everyone together may say:

Glory to God in the highest, and on earth peace to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father,

have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.



THE COLLECT — We join with the Priest silently as he prays aloud for all people.

THE COLLECT

PRIEST: Let us pray.

Priest and people pray silently for a while.

Then the Priest says the Collect, which gives the theme of the particular celebration and asks God to help us.

Then he says:

Through our Lord Jesus Christ, your Son,

who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

PEOPLE: Amen.



THE FIRST READING — We listen to the reader who proclaims God's word.





THE FIRST READING

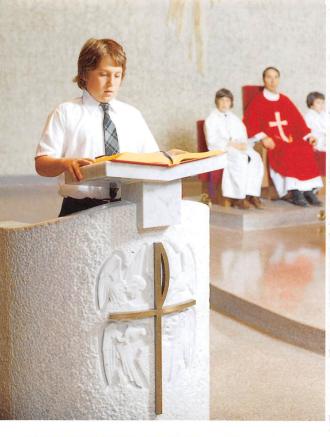
God Speaks to Us through the Prophets

We sit and listen to the word of God as it was spoken through his prophets and apostles. The reader takes their place in speaking to us.

At the end of the reading:

READER: The word of the Lord.

PEOPLE: Thanks be to God.



RESPONSORIAL PSALM — We recite or sing a part of a psalm to show that we accept God's word which was just read.

RESPONSORIAL PSALM

The people repeat the response sung by the cantor or said by the reader the first time and then after each verse.

Then follows:

THE SECOND READING

God Speaks to Us through the Apostles

At the end of the reading:

READER: The word of the Lord.

PEOPLE: Thanks be to God.

Jesus will speak to us in the Gospel. We rise now out of respect and prepare for his message with the Alleluia.

STAND

ALLELUIA

The people repeat the Alleluia after the cantor's or the reader's Alleluia and then after the verse.



THE GOSPEL — The Priest now reads the Gospel in the name of Jesus, and Jesus himself becomes present among us through his word.



STAND

DEACON (or Priest):

The Lord be with you.

PEOPLE: And with your spirit.

DEACON (or Priest):

A reading from the holy Gospel according to N.

PEOPLE: Glory to you, O Lord.

We listen to the Priest or Deacon proclaim the word of God.

At the end the Deacon (or Priest) says:

The Gospel of the Lord.

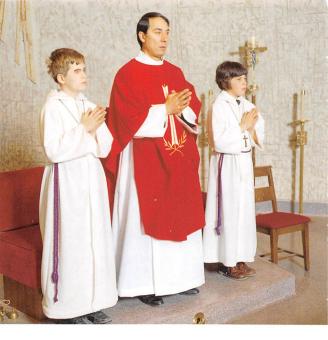
PEOPLE: Praise to you, Lord Jesus Christ.

THE HOMILY



God Speaks to Us through the Priest

The Homily helps us to put the words of Christ into practice.



PROFESSION OF FAITH — I tell God I believe all that he has taught me.

THE PROFESSION OF FAITH

believe in one God, stand the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

he came down from heaven,

At the words that follow, up to and including and

For us men and for our salvation

became man, all bow.

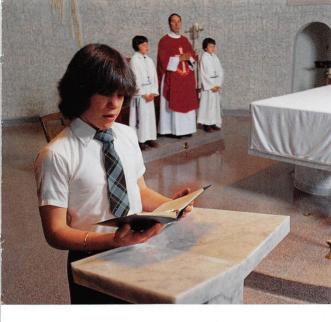
and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

- I believe in the Holy Spirit, the Lord, the giver of life,
- who proceeds from the Father and the Son,
- who with the Father and the Son is adored and glorified,
- who has spoken through the prophets.
- I believe in one, holy, catholic and apostolic Church.
- I confess one Baptism for the forgiveness of sins
- and I look forward to the resurrection of the dead
- and the life of the world to come. Amen.

In celebrations of Masses with Children, the Apostles' Creed, p. 87, may replace the Profession of Faith given above.



UNIVERSAL PRAYER — We unite with one another to pray for the needs of our community, the whole Church, and all people.

PEOPLE: Lord, hear our prayer.

(or other response)

At the end the Priest says the concluding prayer:

PEOPLE: Amen.

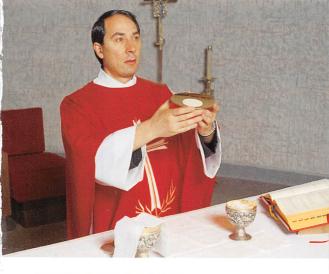


Liturgy of the Eucharist



THE PREPARATION OF THE GIFTS

OFFERTORY CHANT — While the gifts of the people are brought forward to the Priest and are placed on the altar, the Offertory Chant is sung.



PREPARATION OF THE BREAD — The Priest thanks God for giving us the bread that will soon be changed into Christ's Body. The Priest says quietly:

Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you:

fruit of the earth and work of human hands, it will become for us the bread of life.

If there is no singing, the response is:

PEOPLE: Blessed be God for ever.



PREPARATION OF THE WINE — The Priest thanks God for giving us the wine that will be changed into Christ's Blood.

Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you:

fruit of the vine and work of human hands, it will become our spiritual drink.

If there is no singing the response is;

PEOPLE: Blessed be God for ever.

INVITATION TO PRAYER

PRIEST: Pray, brethren (brothers and sisters),

that my sacrifice and yours may be acceptable to God, the almighty Father.

PEOPLE: May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

STAND

We ask God to Accept Our Offerings

At the end of the Priest's Prayer over the Offerings:

PEOPLE: Amen.



INTRODUCTORY DIALOGUE — The Priest invites us to join with him in the words he addresses to the Father through Jesus.



EUCHARISTIC PRAYER

INTRODUCTORY DIALOGUE

PRIEST: The Lord be with you.

PEOPLE: And with your spirit.

PRIEST: Lift up your hearts.

PEOPLE: We lift them up to the Lord.

PRIEST: Let us give thanks to the Lord our

God.

PEOPLE: It is right and just.



THE PREFACE — The Priest begins with a prayer of praise to God for the great works he has done for us in Jesus.

THE PREFACE

Our Prayer of Thanksgiving

Praise to the Father

It is truly right and just, our duty and our salvation.

always and everywhere to give you thanks, Father most holy,

through your beloved Son, Jesus Christ, your Word through whom you made all things.

whom you sent as our Savior and Redeemer,

incarnate by the Holy Spirit and born of the Virgin.

Fulfilling your will and gaining for you a holy people,

he stretched out his hands as he endured his Passion,

so as to break the bonds of death and manifest the resurrection.

And so, with the Angels and all the Saints, we declare your glory,

as with one voice we acclaim:

THE "HOLY, HOLY, HOLY"

First Acclamation of the People

PRIEST and PEOPLE:

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

KNEEL



THE "HOLY, HOLY, HOLY" — We join with the Priest and the Angels to praise God the Father and Jesus whom he has sent.

Invocation of the Holy Spirit

You are indeed Holy, O Lord, the fount of all holiness. Make holy, therefore, these gifts, we pray, by sending down your Spirit upon them like the dewfall.

so that they may become for us the Body and ♣ Blood of our Lord Jesus Christ.

The Lord's Supper

At the time he was betrayed and entered willingly into his Passion, he took bread and, giving thanks, broke it, and gave it to his disciples, saying:

Take this, all of you, and eat of it, for this is my Body, which will be given up for you.



ELEVATION OF THE HOST — The Priest shows the consecrated host to the people, places it again on the paten, and genuflects in adoration.

In a similar way, when supper was ended, he took the chalice and, once more giving you thanks, he gave it to his disciples, saying:

Take this, all of you, and drink from it,

for this is the chalice of my Blood,

the Blood of the new and eternal covenant,

which will be poured out for you and for

many

for the forgiveness of sins.

Do this in memory of me.



ELEVATION OF THE CHALICE — The Priest shows the chalice to the people, places it on the corporal, and genuflects in adoration.

PRIEST: The mystery of faith.

PEOPLE:



We proclaim your Death, O Lord, and profess your Resurrection until you come again.

OR

В

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

OR

C

Save us, Savior of the world, for by your Cross and Resurrection you have set us free. Therefore, as we celebrate the memorial of his Death and Resurrection,

we offer you, Lord, the Bread of life and Chalice of salvation, giving thanks that you have held us worthy to be in your presence and minister to you.

Invocation of the Holy Spirit

that, partaking of the Body and Blood of Christ,

we may be gathered into one by the Holy Spirit.

Intercessions: For the Church

Remember Lord, your Church, spread throughout the world, and bring her to the fullness of charity, together with N. our Pope and N. our Bishop and all the clergy.



THE INTERCESSIONS — The Priest prays for all the members of the Church—those who are still alive and those who have died.

For the Dead

Remember also our brothers and sisters who have fallen asleep in the hope of the resurrection, and all who have died in your mercy: welcome them into the light of your face.

In Communion with the Saints

Have mercy on us all, we pray, that with the Blessed Virgin Mary, Mother of God,

with the blessed Apostles, and all the Saints who have pleased you throughout the ages,

we may merit to be coheirs to eternal life, and may praise and glorify you through your Son, Jesus Christ.

Concluding Doxology

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honor is yours, for ever and ever.





END OF EUCHARISTIC PRAYER — Lifting up the host and chalice, the Priest gives glory to God through Jesus. We join him as we acclaim: AMEN.



THE LORD'S PRAYER — Our preparation for a very close union with Jesus in Holy Communion begins with the "Our Father," the prayer that Jesus taught us to say.

THE COMMUNION RITE

THE LORD'S PRAYER

PRIEST: At the Savior's command and formed by divine teaching, we dare to say:

STAND

PRIEST and PEOPLE:

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

PRIEST: Deliver us, Lord, we pray, from every evil,

graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Savior, Jesus Christ.

PEOPLE: For the kingdom, the power and the glory are yours now and for ever.

SIGN OF PEACE

The Priest says the prayer for peace and concludes:

PRIEST: . . . for ever and ever.

PEOPLE: Amen.

PRIEST: The peace of the Lord be with you always.

PEOPLE: And with your spirit.

PRIEST: Let us offer each other the sign of peace.



SIGN OF PEACE — At this time, we exchange a sign that expresses peace, communion, and charity, in keeping with local customs.



BREAKING OF THE BREAD — The Priest breaks the bread, showing that we must all share of the one Body who is Christ.

BREAKING OF THE BREAD

The people sing or say:

Lamb of God, you take away the sins of the world,

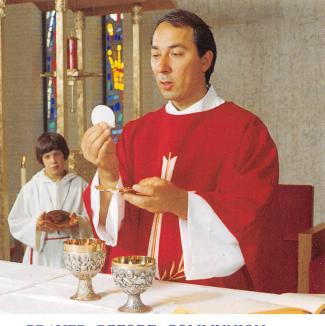
have mercy on us.

Lamb of God, you take away the sins of the world,

have mercy on us.

Lamb of God, you take away the sins of the world,

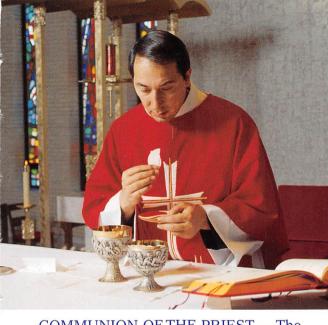
grant us peace.



PRAYER BEFORE COMMUNION — The Priest invites us to receive Jesus our Savior who comes to us in Communion.

PRIEST: Behold the Lamb of God, behold him who takes away the sins of the world.

Blessed are those called to the supper of the Lamb.



COMMUNION OF THE PRIEST — The Priest prays with us, asking God to make us worthy to receive him.

PRIEST and PEOPLE:

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

He then receives Communion.



COMMUNION OF THE PEOPLE— As the Priest shows us the host, we express our faith that we are receiving Jesus the Lord.

PRIEST: The Body of Christ.

The Communion Chant is sung while Communion is given to the faithful.

SIT

SILENCE AFTER COMMUNION

After Communion there may be a period of silence, or a song of praise may be sung.

PRAYER AFTER COMMUNION

STAND

PRIEST: Let us pray.

Priest and people may pray silently for a while. Then the Priest says the Prayer after Communion.

At the end:

PRIEST: Through Christ our Lord.



THE BLESSING — Before ending the celebration, the Priest gives us God's blessing.

THE CONCLUDING RITES

We have heard God's word and eaten the Body of Christ. Now it is time for us to leave, to do good works, to praise and bless the Lord in our daily lives.

After any brief announcements (sit), the Blessing and Dismissal follow:

THE BLESSING

STAND

PRIEST: The Lord be with you.

PEOPLE: And with your spirit.

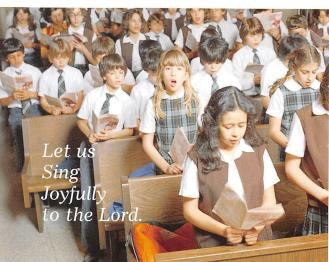
PRIEST: May almighty God bless you, the Father, and the Son, ♣ and the Holy Spirit.

DISMISSAL

DEACON (or Priest):

- A Go forth, the Mass is ended.
- B Go and announce the Gospel of the Lord.
- Go in peace, glorifying the Lord by your life.
- Go in peace.

PEOPLE: Thanks be to God.





THE NAME JESUS—Eight days after his birth, Mary's Son is named Jesus. This name means that he came to save us from our sins and bring us to heaven.



JESUS IN THE TEMPLE—At the age of twelve Jesus becomes separated from his parents for three days. They find him in the temple with the teachers.



JESUS IS BORN—Jesus is born in a stable because there is no room for him and his Mother Mary and Joseph at the local inn.

The LIFE OF CHRIST IN PICTURES

+

Each Sunday and feastday Mass contains parts that change in accord with the particular mystery of Christ's life. In this way, the prayers at Mass recall for us the Life, Death, Resurrection, and Ascension of Jesus.

This section will help you to know our Lord's life better, so that you can take a more active part at every Mass during the year.



THE ANNUNCIATION—The Angel Gabriel is sent from God to the Virgin Mary to tell her that she will bear a Son, Jesus. He will be the Son of God and save all people.



THE VISITATION—Mary visits her cousin Elizabeth. Elizabeth praises Mary's great faith and calls her "blessed among women."



JESUS CHRIST Our Lord and Savior



RECESSIONAL — The Priest dismisses us and we go home to live as good Christians.



JESUS IS TEMPTED—In the desert, the devil tries to have Jesus do something wrong. Jesus refuses and drives the Evil One away.



JESUS CHANGES WATER INTO WINE— When the wine runs out at a marriage feast, Mary asks Jesus to help. He has six jars filled with water. When the head waiter tastes it, it has become wine.



JESUS CLEANSES THE TEMPLE—Jesus finds merchants and money-changers in the Temple, his Father's house. He drives them out, saying: "My house is a house of prayer."



JESUS WANTS GOOD DEEDS—Jesus tells his disciples that a good tree bears good fruit. In the same way, good people do good deeds.



JESUS ESCAPES DEATH—Jesus tells the people that God is displeased by their sins. Some of them become angry and try to stone him, but he passes right through them.



JESUS SPEAKS FROM A BOAT—So many people come to hear Jesus speak that they almost crush him. He gets into a boat and continues speaking about God to them.



JESUS URGES KINDNESS—Jesus wants us to be kind to everyone. If we hurt anyone, we must tell him we are sorry. Then God will be pleased and hear our prayers.



THE MIRACULOUS CATCH OF FISH—One day Jesus tells Peter to row to the middle of the lake to fish. Peter obeys although he had fished all night and caught nothing. He catches so many fish that his boat almost sinks.



JESUS CURES A PARALYTIC—Some men bring a paralyzed man to Jesus. Because of their faith, Jesus forgives the man his sins and then cures him completely.



JESUS AND THE ROMAN OFFICER—A Roman Officer has faith that Jesus can cure his sick servant boy even from a distance. Jesus praises the man's faith and cures his servant.



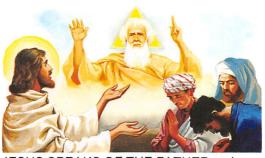
JESUS RAISES A WIDOW'S SON—Jesus meets a funeral procession for the only son of a widow. He feels sorry for the mother and brings her son back to life.



JESUS TELLS US GOD IS GOOD—Jesus tells his disciples how God feeds the birds and how beautiful he makes lilies. He shows that God will take care of us too.



JESUS CURES A BLIND MAN — A blind man hears that Jesus is passing by and cries out to be helped. Jesus stops and gives him sight because of his faith.



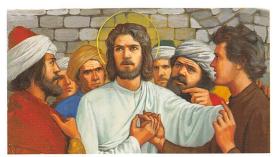
JESUS SPEAKS OF THE FATHER — Jesus tells his disciples about God the Father. He wants all people to know that the Father is powerful and good.



MIRACLE OF THE LOAVES—Those who have come to hear Jesus are hungry and have no food. Jesus blesses five loaves and two fish, and feeds over 5,000 people.



JESUS CALMS THE STORM—Jesus is in a boat that is in danger of sinking because of a storm. He tells the winds to be still, and there is a great calm.



TRUE HAPPINESS—Jesus talks to the people about true happiness. We must be poor in spirit and at peace with one another. Above all, we must love God.



JESUS APPEARS IN GLORY—Peter, James, and John see Jesus in glory with Moses and Elijah. They hear a voice from heaven saying: "This is my beloved Son; hear him."



JESUS CURES A DEAF-MUTE—A man who cannot hear or speak comes to Jesus. Jesus puts his fingers in his ears, touches his tongue and says: "Be opened." The man is cured.



PRAISE OF MARY—A woman praises Jesus' Mother. Jesus remembers how Mary always obeyed God. He says that all who obey God as she did are to be praised.



JESUS CURES A SICK BOY—A royal official begs Jesus to come and cure his sick son. Jesus says: "Go home: your son lives." At that moment the boy is cured.



JESUS RAISES A DEAD GIRL—The young daughter of Jairus is dead. Jesus goes to her, takes her hand, and says: "Little girl, get up." She rises and begins to walk around.



JESUS CURES TEN LEPERS—Jesus cures ten lepers by sending them to the priest. Only one comes back to give him thanks. We should always thank Jesus for his goodness to us.



JESUS' DEATH AND RESURRECTION— Jesus tells his disciples that he will suffer, be put to death, and rise on the third day. He will go through all this to save all people.



THE PEOPLE PRAISE JESUS—Jesus rides into Jerusalem on a donkey. The people wave palm branches and shout: "Blessed is he who comes in the name of the Lord."



JESUS TELLS US TO OBEY JUST LAWS— Jesus is shown a coin of a government. He says we must give governments what belongs to them (like just taxes) and give God what belongs to God (like our whole self).



THE LAST SUPPER—The night before his death, Jesus changes bread and wine into his Body and Blood. He tells the disciples to do the same thing in remembrance of him.



THE SPIRIT OF JESUS—Jesus tells his disciples he is returning to the Father who sent him. He will send them the Holy Spirit to take his place and help them always.



JESUS IS SENTENCED TO DEATH—Jesus is brought before the Roman governor and sentenced to death even though he has done no wrong. He accepts his sentence in order to save us.



DEATH OF JESUS—After being beaten, Jesus is nailed to a cross. His Mother and John the disciple stand by him. After three hours of terrible pain, he dies and wins salvation for all.



RESURRECTION OF JESUS—On the third day after his death, Jesus rises again and enters into his glory. We too will rise with him to glory provided we follow him by our lives.



APPEARANCE OF THE RISEN JESUS—Jesus appears to the apostles but Thomas is absent and refuses to believe. Jesus returns and tells Thomas to touch him. Thomas says: "My Lord and my God."



ASCENSION OF JESUS—Jesus spends forty days with his disciples after his Resurrection, teaching them many things. Then he returns to his Father to await them in heaven.



The Our Father

See page 51.

The Hail Mary

HAIL Mary, full of grace! the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

The Glory Be

GLORY be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Apostles' Creed

I BELIEVE in God, / the Father almighty, / Creator of heaven and earth, / and in Jesus Christ, his only Son, our Lord, / who was conceived by the Holy Spirit, / born of the Virgin Mary, / suffered under Pontius Pilate, / was crucified, died and was buried; / he descended into hell; / on the third day he rose again from the dead; / he ascended into heaven, / and is seated at the right hand of God the Father almighty; / from there he will come to judge the living and the dead

I believe in the Holy Spirit, / the holy catholic Church, / the communion of saints, / the forgiveness of sins, / the resurrection of the body, / and life everlasting. Amen.

Act of Contrition

O MY God, I am heartily sorry for having offended you and I detest all my sins, because of your just punishments, but most of all because they offend you, my God, who are all-good and deserving of all my love.

I firmly resolve, with the help of your grace, to sin no more and to avoid the near occasions of sin. Amen.

Grace before Meals

BLESS us, O Lord, and these your gifts, which we are about to receive from your bounty, through Christ our Lord. Amen.

Grace after Meals

WETHANK you, O Lord, for these gifts and for all the gifts we have received from your goodness, through Christ our Lord, Amen.

Morning Prayers

O MY God, I believe in you, I hope in you. I love you above all things. I thank you for having brought me safely through this night.

I give my whole self to you. Everything I do today, I will do to please you. Keep me, dear Jesus, from all evil. Bless my father and mother, and all those I love.

Evening Prayers

O GOD, I thank you for the many blessings I have received today. Forgive me all my sins. I am sorry for them all because I have displeased you. Bless me while I sleep so that I may do better tomorrow. Bless my father and mother and all those I love, and make them happy.

Jesus, Mary and Joseph, help me, especially in the hour of my death. Amen.

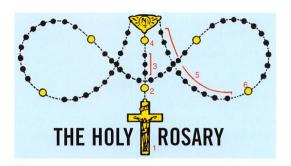
Our Father. Hail Mary.

Hail, Holy Queen

HAIL, holy Queen, Mother of mercy; hail our life, our sweetness and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, your eyes of mercy toward us. And after this our exile show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary.

The "Memorare"

REMEMBER, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession, was left unaided. Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother; to you do I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me. Amen.



THE Rosary calls to mind the most important events in the lives of Jesus and Mary. These events are called Mysteries and are divided into the following 4 groups.

The JOYFUL MYSTERIES help us to think of

Mary's joy when Jesus came into the world.

The LUMINOUS MYSTERIES help us to think of Mary's joy when Jesus began to proclaim the Good News of salvation for all who followed Him.

The Sorrowful Mysteries help us to think of Mary's great sorrow when Jesus suffered for our salvation.

The GLORIOUS MYSTERIES help us to think of the glorious Resurrection of Jesus and the Crowning of Mary as Queen of Heaven.

HOW TO SAY THE ROSARY

- 1. Say the Apostles' Creed.
- 2. Say 1 Our Father.
- Say 3 Hail Marys.
- Say 1 Glory Be, then announce the 1st Mystery and say 1 Our Father.
- 5. Say 10 Hail Marys.
- Announce the 2nd Mystery and continue in the same way until each of the 5 Mysteries is said.

The Five Joyful Mysteries



1. The Annunciation to Mary Mary, Jesus will be your Son. Teach me to love Him.



2. The Visitation
Mary, you visit your cousin
Elizabeth. Help me to be kind.



3. The Birth of Jesus
Jesus, You are born in a stable.
May I value grace above money.



4. The PresentationJesus, You are offered to God in the Temple. Help me to obey.



5. The Finding in the Temple Jesus, You are found with the teachers. Give me true wisdom.



1. The Baptism of Jesus
Jesus, You rejoiced at Your Baptism. Help
me to keep my baptismal promises.

The Five Luminous

Mysteries*

* They are reprinted here from our Picture Book *The Holy Resary*, which in 2004 received the Imprimatur from Most Rev. Frank J. Rodimer, Bishop of Paterson.



2. Christ's Miracle at Cana Jesus, You revealed Yourself at Cana. Help me to do all that You ask.



4. The Transfiguration
Jesus, You showed Your glory.
Help me to become a new person.



3. Proclamation of the Kingdom Jesus, You called people to repent. Help me to seek forgiveness.



5. Institution of the Eucharist Jesus, You gave us the Eucharist. 92 Help me to participate at Mass.

The Five Sorrowful Mysteries



3. The Crowning with Thorns Jesus, You receive a crown of thorns. Give me true courage.



1. Agony in the Garden Jesus, You are saddened by my sins. Give me true sorrow.



4. The Carrying of the Cross Jesus, You carry the Cross gladly. Help me to be patient.



2. The Scourging at the Pillar Jesus, You are whipped by the soldiers. Help me to be pure.



5. The Crucifixion
Jesus, You die on the Cross for
me. Keep me in Your grace.



1. The Resurrection
Jesus, You rise from Your tomb.
Help me to believe in You.



2. The Ascension Jesus, You go to Your Father in Heaven. Help me to hope in You.



3. Descent of the Holy Spirit Holy Spirit, You come to bring grace. Help me to love God.

The Five Glorious Mysteries



4. The Assumption of Mary Mary, you are taken to heaven. Let me be devoted to you.



5. The Crowning of Mary Mary, you are crowned Queen of Heaven. Let me serve you.

PRAYER BEFORE A CRUCIFIX

LOOK down on me, good and gentle Jesus.

Make my soul strong in faith, hope and love.

Make me really sorry for my sins so I will never sin again.



I am sad when I see the wounds on your hands and feet, and think of the words of your prophet David:

"They have pierced my hands and feet, they have hurt all my bones."

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